



## South West Mental Health & Mediation Services

Having provided mental health services for over 12 years in Perth, Reach Life is expanding to the South West, and bringing two incredible team members to you.

Appointments  
available 19/08



### **Paula King** Senior Mental Health Occupational Therapist

- Provides a holistic approach to supporting individuals with anxiety, depression, bipolar, OCD, trauma, grief, perinatal mental health, and more.
- Can use multiple different evidence-based treatments (i.e., CBT, DBT, ACT, schema).
- Able to see NDIS clients and **provide Medicare rebates** for clients with a mental health care plan.
- Can see you in the office and offer home visits if required.



### **Jan Ferraz** Mediator and Organisational & Employee Coach

- Provider of generalist (NMAS accredited) mediation services for workplaces, neighbourhood disputes, and civil proceedings.
- Human Synergistics Lifestyle Inventory 360 degree Assessment and Report for employees and executives.
- Strategic planning for allied health organisations.
- Happy to see you in the office or travel to see you throughout the South West.

Call Reach Life at **(08) 9301 5659** to book in with Paula and Jan now